



A Day in the life of a Support Worker



Rusthall adult short breaks

Supporting with personal Care



Support with taking medication





Breakfast

Helping with breakfast



Completing health & Safety Checks

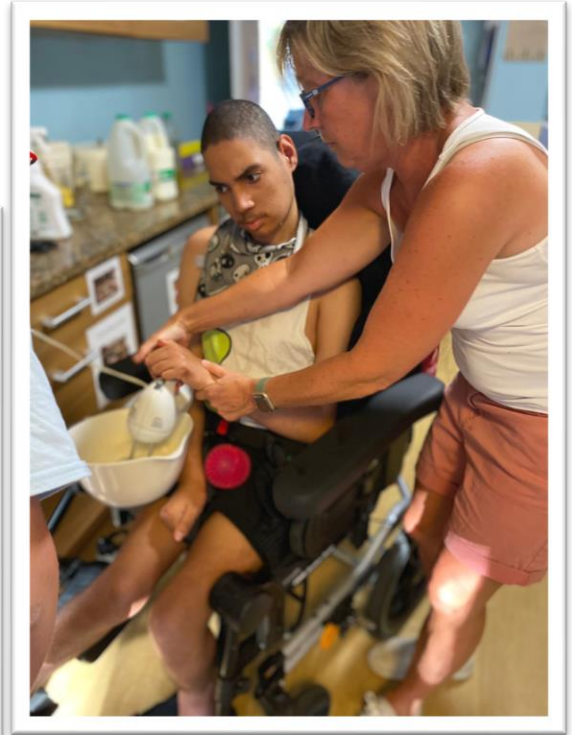


Supporting with activities





Helping with lunch



Lunch

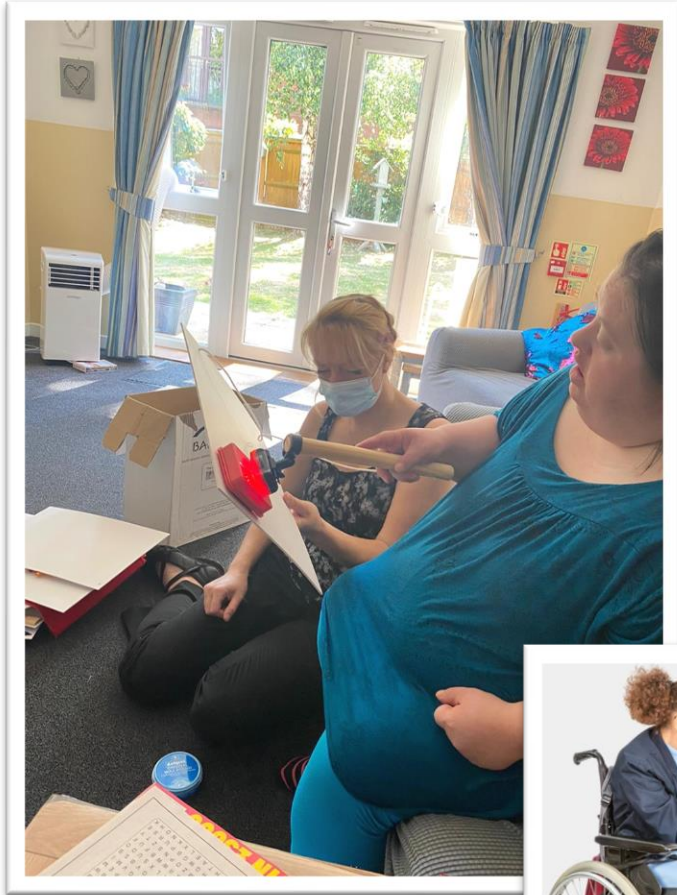
Doing some cleaning & Laundry



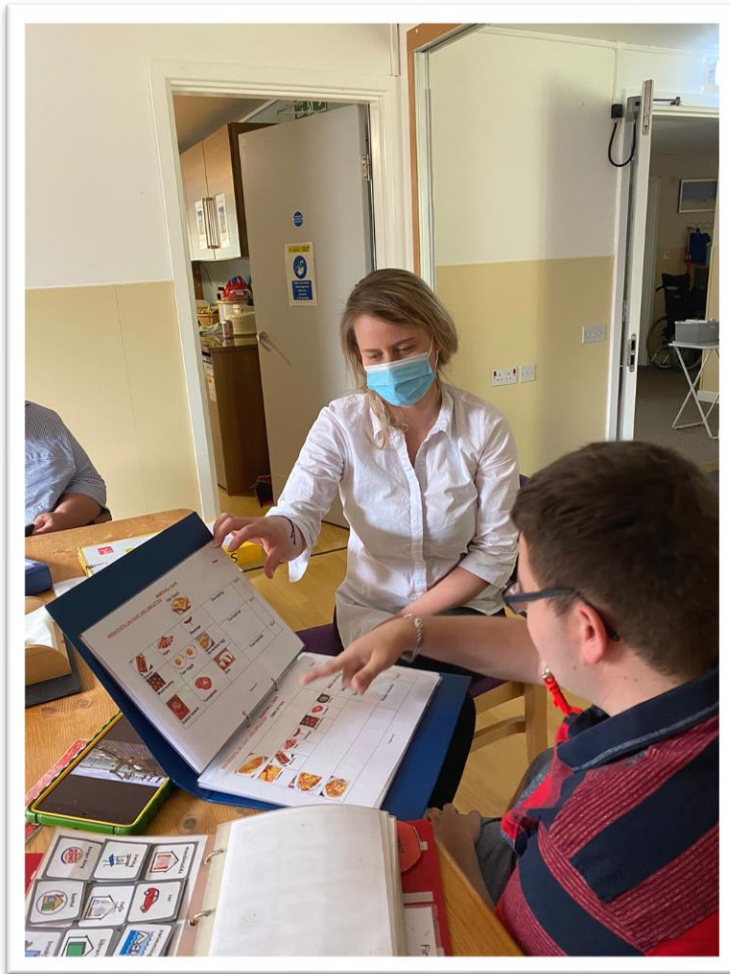
Completing paperwork



More activities with the people



Supporting with dinner time



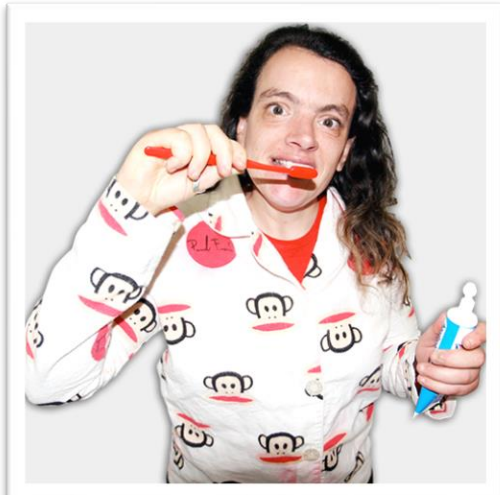
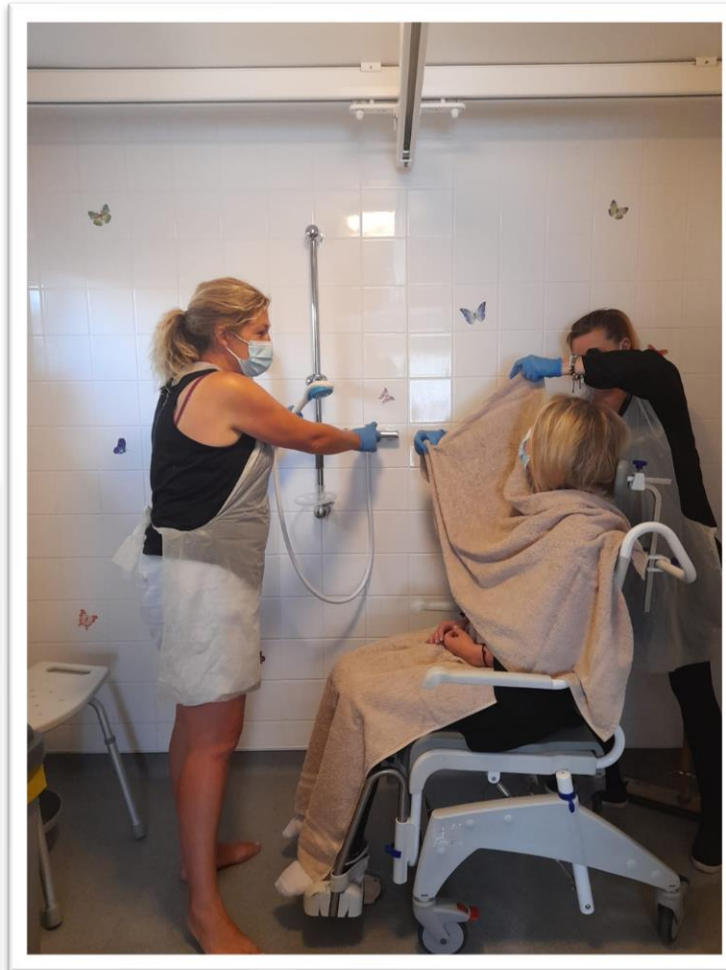
A bit more cleaning & Laundry



Even more activities

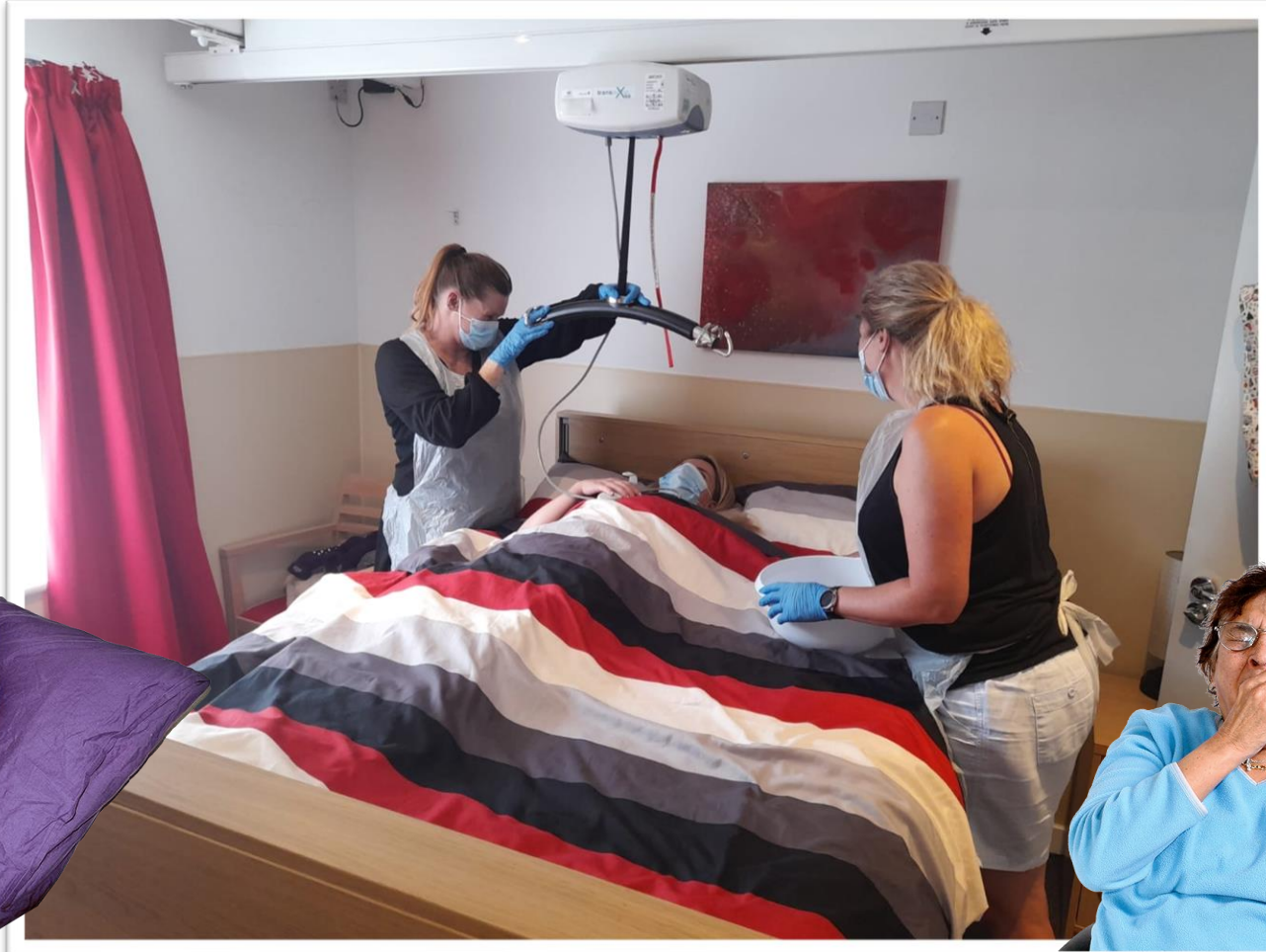


Assisting with personal Care





It's bedtime .zZZZ



A bit more paperwork

